## Middle School Lunch Menu December 2023

## Meal Price:

Paid: $\$ 3.50$
Adult Lunch Meal: \$5.09+tax

## More Info...

Daily Milk Offerings: $1 \%$ White, Fat Free White, Fat Free Chocolate (all antibiotic \& hormone free)
Daily Fruit Offerings: Apple, Orange, Banana, 100\% Apple Juice or 100\% Fruit Punch
Daily Vegetable Offerings: Baby Carrots \& Celery Sticks
Available Daily:

- Boar's Head Deli Sandwich V
- Grilled Cheese Sandwich on WG Bread V
- Bagel Meal: Fresh NY-Style Bagel w/ 2 Cheese Sticks OR Yogurt V
- Chicken Nuggets*
- Cheese Pizza V
- Pepperoni (P) Pizza

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)
All deli sandwiches made with Boar's Head meats

Grades K-12 are offer vs serve and must choose at least 3 , up to 5 , of the below mentioned items. One of the choices must be a fruit or vegetable.
-Meat/Meat Alternate
-Vegetable
-Whole Grain Item
-Fruit
-Milk
 Meatballs \& Garlic Bread ${ }^{\circ}$ Cucumber Coins Fruit of the Day Milk of the Day

## 11

Teriyaki Chicken \& Broccoli over Rice ${ }^{\text {® }}$ Fruit of the Day Milk of the Day


This institution is an equal opportunity provider.

