Middle School **Lunch Menu** December 2023

Meal Price:

Paid: \$3.50

Adult Lunch Meal: \$5.09+tax

More Info...

Daily Milk Offerings: 1% White, Fat Free White, Fat Free Chocolate (all antibiotic & hormone free)

Daily Fruit Offerings: Apple, Orange, Banana, 100% Apple Juice or 100% Fruit Punch

Daily Vegetable Offerings: Baby Carrots & Celery Sticks

Available Daily:

- Boar's Head Deli Sandwich V
- Grilled Cheese Sandwich on WG Bread V
- Bagel Meal: Fresh NY-Style Bagel w/ 2 Cheese Sticks OR Yogurt V
- Chicken Nuggets*
- Cheese Pizza V
- Pepperoni (P) Pizza

Please Note: (WG) denotes whole grain, (P) denotes item may contain pork, V denotes Vegetarian option, (*) denotes item offered with WG dinner roll(s)

All deli sandwiches made with Boar's Head meats

Grades K-12 are offer vs serve and must choose at least 3, up to 5, of the below mentioned items. One of the choices must be a fruit or vegetable.

- -Meat/Meat Alternate
- -Vegetable
- -Whole Grain Item
- -Fruit
- -Milk

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Indicates a fresh produce.

Denotes item prepared from scratch or speed scratch.

Made to order Salad Bar available every Friday!

Limited Time Offer Hot Honey Chicken Biscuit Tostada 12/13-12/17

Warrior Chicken Sandwich w/ Signature Sauce of Waffle Fries Fruit of the Dav Milk of the Day

Baked Ziti with Chicken Meatballs & Garlic Bread **Cucumber Coins** Fruit of the Dav Milk of the Day

Hamburger or Cheeseburger on WG Bun Sweet Potato Fries Fruit of the Day Milk of the Day

Pepperoni (P) or Cheese Calzone of Roasted Zucchini Fruit of the Dav Milk of the Day

Chicken or Cheese Quesadilla on WG Tortilla Yellow Rice Black Beans Fruit of the Day Milk of the Day

Pizza Crunchers Red Pepper Strips Fruit of the Day Milk of the Day

11

Teriyaki Chicken & Broccoli over Rice Fruit of the Day Milk of the Day

12

Soft or Crunchy Beef Taco's w/ all the sides Yellow Rice Black Beans Fruit of the Day Milk of the Day

13

Steamed Spinach Fruit of the Day Milk of the Day

14

Cheddar Cheeseburger Waffle Fries Chickpea Salad Fruit of the Day Milk of the Day

15

Chicken Meatball Sub Broccoli Fruit of the Dav Milk of the Day

18

Warrior Chicken Sandwich w/ Signature Sauce of Waffle Fries Fruit of the Day Milk of the Day

19

Philly Cheesesteak on Sautéed Peppers and Onions Fruit of the Day Milk of the Day

20

Chicken, Bacon, and Ranch Calzone **Cucumber Coins** Fruit of the Dav Milk of the Day

21

Pizza Crunchers Red Pepper Strips Fruit of the Day Milk of the Day

22

Chicken Parmesan Chickpea Salad Fruit of the Day Milk of the Day

25

No School **Holiday Recess**



26

No School **Holiday Recess**



27

No School **Holiday Recess**



28

No School **Holiday Recess**



29

No School **Holiday Recess**



This institution is an equal opportunity provider.